

# Trout Unlimited

## Thames Valley Chapter Newsletter

# Stream Lines

*The Voice of Eastern CT Trout and Salmon Anglers*

March 2018



## President's Message...

First off I'd like to thank everyone who helped out and volunteered their skills at this past "Flies, Pies and More" night. We had a great turnout and a fun time. There was great crockpot food, desserts, and the much awaited pies (pizza), a fine auction, raffle table with the additional basket raffles. The pre-auction and sale table was stock full of great deals on fly tying material, fly fishing equipment and all

new TVTU fly boxes and the most popular item was the TVTU stainless steel zingers... more to be ordered soon!

With spring just around the corner we'll need volunteers for our busiest time of the year (April/May). Events including stocking and stream clean ups... especially, for the Sprague Spring Cleaning event on April 21<sup>st</sup>. We are in the planning stages for a Spey Casting Clinic with Bill Keister which will be sometime late April/early May. Other events on the horizon are TIC support and possibly working with the Hammonasset Chapter again for a fly fishing education event. All other dates and information will be released as soon as they are set.

Along with work comes the fun and don't forget about our annual campout and breakfast in May to top off our Thames Valley TU season. Finally, consider getting a raffle ticket for Annual Fund Raising drive... a very nice Cabela's rod & Ross reel (with Cortland line) outfit. No matter if you support us monetarily or volunteer your precious time we truly appreciate it... Thank You All!

**A Reminder: In case of a meeting Cancellation due inclement weather, please check our TVTU website Home page and WFSB Channel 3..**

"Duke" Preston  
President TVTU  
[Email Address](#)

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## March 20th Chapter Meeting - Bill Keister: "Nymph Fishing"

Our speaker will be Bill Keister. He will give a presentation on nymph fish. His presentation will have particular relevance to Connecticut Rivers and Connecticut trout. Each spring he catches 200-300 fish nymphing on Connecticut's Salmon River.

He will define and explain long line and high stick nymphing. Flies which are



particularly effective will be described. Rods, lines, leaders, strike indicators and weights will be covered. The importance of drag free drifts and casts and method for producing drag free drifts will be explained. If nymph fishing is a mystery to you this will be a very good presentation for you. If you think you know all about nymphing you may still learn something or be able to contribute to the discussion.

Bill Keister is a Federation of Fly Fishers (FFF) certified Master

Casting Instructor (MCI). He ties his own flies and makes most of his fly rods. He has caught trout and salmon in Labrador, Newfoundland, Kamchatka, the Kola Peninsula, Alaska, Chile, Argentina, Canada provinces and throughout the United States.

Here is a [LINK](#) to an interesting article on fly casting dynamics Bill wrote for Fly Fishers International "The Loop" newsletter called "The Paradox of the Loop".

### **"Fly Fishing Yellowstone Hatches- Chapter 2" video (55 minutes) - will be shown 6:00 to 6:55pm**

The Fly Fishing Yellowstone Hatches video is not just about the Yellowstone hatches. It can be applied to all the major hatches found in the west. Come join Craig Mathews and John Juracek on a Fly Fishing journey as they fish these major hatches throughout the entire season on the Yellowstone area blue ribbon waters. Along with the famous Yellowstone National Park waters, the DVD will show in-depth details on fly fishing all the major Yellowstone area waters including the Madison River, the Henry's Fork, Slough Creek and the Gallatin River.

#### **Door opens at 6pm.**

Our meetings are free and open to members, guests and the general public. Social time, fly tying demonstrations, refreshments, raffle, door prize & more... Featured presentation starts shortly after short chapter business meeting at 7pm.

**Attention Collector's:** This meeting's Pre-auction table will feature (3) Vom Hofe casting reels. In addition, we will have many new TU, TVTU and fly fishing items available at terrific prices.



## **"A Good Place to Stay in Bozeman"**

**By John Springer**

On my last trip to Bozeman Montana to fish I was by myself and when I checked the internet for a place to stay on my last night the cheapest room was about \$110 for a single, then I found the Treasure State Hostel in old downtown Bozeman. I sent some emails and all my questions were answered by Bill Johnson who is the night manager. He told me the prices they had and it seemed too good to be true. A single person sharing a 5 bed dorm is only \$28. Knowing I snore and many others do I asked about a single room... Yes, Bill said its \$38 I said I'll take it. With tax and also \$7 for parking in a parking garage behind the Hostel my bill was about \$48. And you get breakfast! I asked what it was he said; well, we have bagels. I said; Real NY bagels? No, he said, but I'll tell you I had one and they were very good. They have cereal and a toaster as well as coffee and tea.

It's a very friendly place. I've stayed in hostels before and you meet many people traveling by themselves... many interesting stories. They have a TV room and a quiet room with a small library, they have internet also. They even gave me my favorite before bed snack, peanut butter on crackers. Seems people bring food and what they don't eat stays in a cabinet for anyone to have. They also have a washer and dryer for you to use. They have a men's bath as well as a women's with showers and sinks. Everything was clean and well run. If you need it they have a shuttle to the airport for \$15.





The web site is [www.treasurestatehostel.com](http://www.treasurestatehostel.com) their phone is 406-624-6244 and email is [treasurestatehostel@gmail.com](mailto:treasurestatehostel@gmail.com) You're downtown Bozeman and there are places all around you to eat and drink also. I also should add to this it's a very safe place and there was someone all night in the office. If any of you reading this have a place like this you have gone to write me privately about it so I can share it with other anglers.

## "Welcome New Member" - John Person



Thanks for the welcome, happy to be a part of TVTU. We moved to Pomfret, from California in 1990. I am married and have four adult children. I worked in the antiques business most of my adult life and (semi) retired at the end of 2017.

I was introduced to fly fishing, by a friend who had a job working for Andre Puyans in California in the early 1970s. After college I had far less time to fish and became a "once a year" fisherman. After moving to CT, I got back into it and have tried to get as much time on the water as one can while working and raising four kids. Locally most of my fishing is done at the Natchaug and Moosup rivers, Black Pond in Woodstock, and the Farmington river when I can make time. I have spent time fishing Cal, Montana, and Idaho, as well as Vermont and NY/NJ. At TVTU I would

like to meet other fly fishers, take part in educational opportunities, become a better fisherman.

*Welcome John and hope to see you at the next meeting!*

## TVTU Annual "Flies & Pies" A Great Success



The annual "Flies & Pies" night turned out to be a great success.

Members and guests were treated to a variety of demonstrations, displays, auctions, raffles and great food. Not to mention, just a great time.

Fly tying tables were manned by tiers ranging in age from very young to not so young.

Bob Walsh and Don Avery displayed their bamboo rod building, rod case, nets and paddle building skills.

Charlie McCaughtry presented a collection of his well known artwork.

Duke Preston demonstrated how to make a furred leader.

The table that seemed to draw the most attention was the one manned by Jen Preston. The smorgasbord started with a selection of several different types of pizza. Stepping a little further down the table we came to Gary Lussier's beef chili. That went pretty quick. Next we came to a chicken and potato casserole followed by a periogi and kielbasa bowl by Jen and Duke. Not to be outdone, Ray Schaffer provided a fine pot of sweet and sour kielbasa.

When the pots were empty, out came the sweets and, as usual, they disappeared quickly.

The meeting highlight was the auctions and raffles. The amount and diversity of the items was amazing. John and Duke Preston did a great job of manning the microphone and rallying the bidders. Both events resulted in a lot of smiling faces both young and old (psst; no one left hungry!).

For more photos of "Flies & Pies" visit our [website...](#)





John and Duke Preston could sell used cars.



Flies and pizza; doesn't get any better!

## TVTU Chapter Fund-raising Raffle 2018

Only 50 tickets to be sold... \$15 ticket

Cabela's Theorem Fly Rod and Ross Evolution LT Fly Reel Outfit  
(Value \$655)



**Cabela's Theorem Fly Rod (9ft, 4pc, 5wt)** - With Generation-II nano-silica resin and a high modulus graphite blank, Cabela's Theorem Fly Rod produces the accuracy, distance and sensitivity you need to help solve the fly-fishing equation. Four piece high modulus graphite blank features lightweight, corrosion resistant REC recoil guides that always return to their original shape. Tapers increase feel yet recover quickly for exceptional accuracy. Burl wood reel seat with high-polish aluminum hardware and a modified western cork handle. Rod case & Lifetime Guarantee

**Ross Evolution LT® Fly Reel #2 (4-6 wt/4.2oz)** - Conical drag eliminates start-up friction; Heat-dissipating Delrin 500AF drag material; Triple redundant radial pawl engagement; Aluminum alloy construction; Quick release locking spool; Oil impregnated bronze bushing; Stainless steel spindle; Easily converts for right or left hand retrieves; Quick release locking spool. Rated for freshwater or saltwater duty. Manufacturer's lifetime warranty. Made in USA.

Includes: [Cortland Precision Finesse WF5F Fly Line](#)

Thames Valley TU is continually working on our Mission of conserving, protecting and restoring our cold water fisheries in the Eastern CT. This takes a lot of resources... man-hours and money. Please help us raise funds for current and future projects

Raffle tickets are only \$15 each. The drawing will be held once we have sold 50 tickets. You do not have to be present to win. Tickets are available at our monthly meetings and through the Chapter's Board of Directors

## Thank You for Your Support

### Trout and Salmon Stamp Requirements Finally Approved by Legislature



Trout and Salmon Stamp Approved: The Trout and Salmon Stamp was formally approved by the Legislative Regulation Review Committee (LRRC) at their February 27, 2018 meeting. The cost of the stamp will be \$5.00 for anyone 18 or older, **even those who are 65+**, and \$3.00 for those 16-17. If you have already purchased your license, you will soon be able to add the trout stamp, should you desire.

The regulations will become effective after they are posted on the secretary of the state's website.

Check the Connecticut DEP website  
<http://www.ct.gov/Deep/site/default.asp> for additional

information.

### UCCTU Wagner Bamboo Rod Raffle



The Upper Chattahoochee Chapter of TU based in the northern suburbs of Atlanta is conducting special raffle and you might like to get in on the action. They have an 8', 5/6 wt. (with two tips, metal rod case and sock) bamboo rod (value \$2500) raffle built by JD Wagner of Wagner Rods in Ohio now underway.

They hope to sell 500 tickets by early May. The tickets are now on sale for \$10 and can be bought online. Here's the [LINK](#) for more information and photos.

The UCCTU is also throwing in a FREE half-day guided fly fishing trip on the Chattahoochee River in Atlanta with Chris Scalley owner of River through Atlanta guide service. Since we are from out-of-state this probably won't matter, but they will give the guide trip to



### "Angler's Pantry" Chicken Cordon Bleu Casserole

By Jenn & Duke Preston

#### Chicken Cordon Bleu Casserole Recipe (Low Carb, Gluten-free)

##### Ingredients:

- 1/4 cup Heavy cream
- 1/4 cup Sour cream
- 1 tbsp Dijon mustard
- 2 cloves Garlic (minced)
- 2 lb Chicken breasts (cooked, chopped or shredded)
- 12 oz Ham (deli slices, chopped)
- 6 slices Swiss cheese
- 1/2 cup Grated parmesan cheese
- 1/4 cup Almond flour (or any flour of choice)
- 2 tbsp Butter (melted)
- Chives (chopped, for garnish - optional)

**12 Servings (3x3 squares); Prep Time = 10 minutes; Cook Time = 20 minutes**

##### Instructions

1. Preheat the oven to 375 degrees F.
2. In a large bowl, whisk together the heavy cream, sour cream, Dijon mustard, and garlic.
3. Stir in the chicken and ham. Place the chicken mixture into a 9x13" casserole dish. Top with Swiss cheese slices, overlapping slightly.
4. In a small bowl, mix together the grated Parmesan cheese and almond flour. Stir in the melted butter and mash until the mixture is crumbly. Sprinkle evenly over the casserole.
5. Bake for 20-25 minutes, until the casserole is bubbly and the crumbles on top are golden brown. Garnish with fresh chives.





## Items for For Sale

**Herter's Three Forks Felt Sole Wader** Size 11 Regular, tan, new in box - \$50 (MSRP \$85)

**Umpqua Toketee Vest** New, never used, gray, one size fits all - \$65 (MSRP \$159)

**LL Bean Travel Fly Rod** 9' -7wt, 6pc w/ tube & bag, near mint cond. - \$75

If you have items for sale, contact [John Preston](#) 860-917-4485



### "Beginner's Corner"

By Bruce Danielson



### Fly of the Month "Chubby Chernoble"

By John Preston

## Dubbing with a Dubbing Spinner

This video demonstrates another dubbing technique that utilizes a dubbing spinner tool. There are several types of dubbing spinner tools on the market but they all use a similar technique.



The Chubby Chernoble is a great hopper and stonefly fly pattern. I don't normally use a lot of large foam flies but last year they saved the day when the trout weren't eating my normal offerings. A size 14 Yellow Chubby (Yellow Sallies) and a size 12 Chubby Golden Stonefly were the killers when nothing else would work or showing. The Chubby Chernoble can be tied in many different colors and imitate a wide variety of stonefly species and grasshoppers. If you are heading west, make sure you have some "Chubbies" in your fly box! I have included video and written instructions below

### **Chubby Chernoble (Golden Stonefly or Yellow Sally) Fly Tying Recipe:**

Hook: #8-14 Tiemco 5262  
Thread: Tan or Yellow Danville 6/0  
Tail: Pearl or Red Krystal Flash  
Body1: Tan or Yellow UV Ice Dub Dubbing  
Body2: Tan or Yellow 2MM Foam  
Legs: Ginger Life Flex, Sili Legs or Grizzly Micro Legs  
Wing: White or Tan McFlylon



## "On the Lighter Side"

*A monastery is in financial trouble, so it goes into*

### **For step by step instruction:**

<http://www.charliesflyboxinc.com/flybox/print.cfm?parentID=196>

*the fish-and-chips business to raise money. One night a customer knocks on its door. A monk answers. The customer asks, "Are you the fish friar?"*

*"No," he replies. "I'm the chip monk."*

*"There's a fine line between fishing and just standing on the shore like an idiot".*

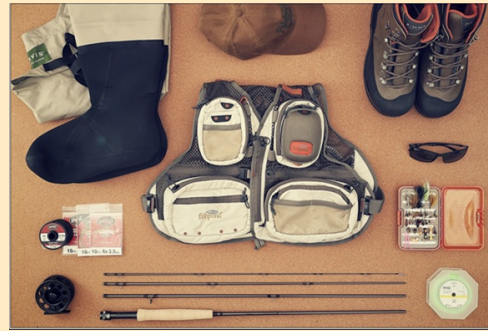


## Old Fly Lines Wanted

A company called "Flyvines" located in Missoula, MT recycles fly line and makes them in to a number of accessory products that are carried in Orvis retail stores, and fly shops across the country. They asked our chapter if we would be interested in recycling any of our old fly lines. If you are interested in participating we plan to collect donated lines at our meetings and bulk send the collected fly line to them. You can check out their website at [www.flyvines.com](http://www.flyvines.com) for more information about what they do! Thank you..



## Donations Wanted



You can help our TU chapter by donating your unused fly fishing and fishing equipment including rods, reels, flies, books, fly tying and other reusable items. We will auction or raffle the items off and used the money raised to support our chapter's programs including conservation projects, stream clean up, stocking, TIC, speaker fees, and other operating expenses. Email [John Preston](mailto:John.Preston@thamesvalleytu.org) or call 860-546-6690 if you have something to donate or bring the item(s) to the next chapter meeting.

**Thank You... for your generosity  
and support**

**Thames Valley TU Chapter 282 - PO Box 211, Hanover, CT 06350**

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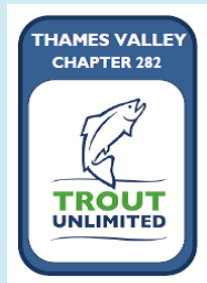
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## About Us

### TVTU Chapter's Mission

*To conserve, protect and restore Eastern Connecticut's trout and salmon and their watersheds.*

### Our Vision

*By the next generation, Trout Unlimited will ensure that robust populations of native and wild cold-water fish once again thrive within their North American range, so that our children can enjoy healthy fisheries in their home waters.*

Questions or comments on the Newsletter contact:

[jpreston44@yahoo.com](mailto:jpreston44@yahoo.com)



## Place an Advertisement in "Stream Lines"

Looking to reach a new and diverse audience? Presently we have over 450 members in Eastern CT and the newsletter is published September through May (9 issues). If you have a service or product and would like to reach out to our outdoor and conservation minded readership, consider placing an advertisement in the chapter's newsletter "Stream Lines" and website. The cost is only \$50 for the entire year (9 Issues).

For more information and to place an ad, contact [Jackie Preston](#).

**Thanks for your support!**

**Visit our Website**